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Care after stroke or transient ischaemic attack

What, when, and why?

Plain language summary for people affected by stroke



The **2023 National Clinical Guideline for Stroke** for the UK and Ireland describes what care people should receive after they've had a stroke or transient ischaemic attack (TIA).

The guideline is based on the latest **high-quality scientific evidence** about what treatments work best.

The **plain language summary** of the guideline tells you:

- **What care** should be given after a stroke.
- **When** this **care** should be **provided**.
- **Why this** care is **important**.

Contents include:

- Care in hospital.
- Family and carer involvement.
- Independence in daily life.
- Reducing the risk of another stroke.
- Driving and return to work.
- Life after stroke.
- Links to organisations which can offer further help and support.
- And **much more!**

